



MISSION: Kits Sports Center is dedicated to offering recreational and fitness programs for children and adults on a competitive and recreational level. Our commitment is to provide a safe, positive environment for the whole family.

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Looking for a fun birthday or sports party alternative?
Kits Sports Center offers a variety of Party Packages!
Call 847.726.9650 for a brochure.

FAMILY DISCOUNT!
Register for 3 or more programs within the same family, and take \$5 off each class!
(excludes Family Fun Night & all programs under \$30)

SPRING 2010 REGISTRATION & FACILITY RENTAL INFORMATION

Kits Sports Center Facility Rental Fees

Facility	SPRING (4/1-5/31)	SUMMER (6/1-8/31)
Gym	\$110/hour	\$90/hour
Soccer Fields (1 hour)	\$135/hour	\$100/hour
Gym	\$95/hour	\$80/hour
Soccer Fields (6 or more hours)	\$120/hour	\$90/hour
Gym	\$90/hour	\$70/hour
Soccer Fields (10 or more hours)	\$110/hour	\$80/hour
Micro Soccer Field (1 hour)	\$75/hour	\$60/hour
Micro Soccer Field (6 or more hours)	\$70/hour	\$55/hour
Micro Soccer Field (10 or more hours)	\$65/hour	\$50/hour

Each rental must give a 10% non-refundable deposit or a minimum of \$25 deposit. Full payment must be received at time of rental.

REGISTRATION PROCEDURES

You can register for programs in one of three ways:

- 1) In person at Kits Sports Center
- 2) Complete the form including credit card information for payment and signature on waiver at bottom of form and fax to 847-726-9656.
- 3) Complete the form, including credit card information or check for payment and sign waiver of form and mail to Kits Sports Center, 325 Surryse Road, Lake Zurich, IL 60047.

PLEASE NOTE THE FOLLOWING:

- REGISTRATIONS FOR CLASSES OVER THE PHONE IS ALLOWED ONLY FOR MEMBERSHIP HOLDERS
- NO SPACES WILL BE HELD FOR CLASSES WITHOUT A COMPLETED REGISTRATION FORM AND FULL PAYMENT FOR THE PROGRAM
- EVEN IF YOU HAVE BEEN REGISTERED FOR A PROGRAM FROM A PREVIOUS SESSION, WHEN REGISTERING FOR A NEW SESSION, A NEW FORM IS REQUIRED

To eliminate the occurrence of double charging and excess paperwork, please note the following:

- DO NOT FAX REGISTRATIONS AND MAIL HARD COPIES
- DO NOT FAX REGISTRATIONS IF YOU ARE PLANNING TO MAIL IN A CHECK FOR PAYMENT OR PAY IN PERSON

Registration Information

Refund Policy: A \$10 administration fee is deducted from all refunds if you cancel from a program prior to the first week. NO REFUNDS will be given for cancellations after the 2nd class of the session. Credits for future programs will be available after the 2nd class. If you withdraw from a class after the first week, but prior to the 2nd week, you will receive a pro-rated refund (minus the first class and the administration fee.) If Kits cancels a program due to lack of enrollment, you will be issued a full refund of course fees.

Confirmations: We will not send out confirmation notices. Please mark your calendar for starting dates and times. We will call only in the case of classes being cancelled, to inform you of alternative choices or if a balance is due.

NSF Checks: A \$15 service charge will be assessed on all checks returned due to insufficient funds.

Team Deposits: To secure a spot on a league, a non-refundable \$250 deposit is required. Final payment is due prior to the first game. No schedules will be handed out to a team unless final payment is received.

Rosters: Each team must submit a completed, signed roster before the first game. Teams can make changes to their roster before the beginning of the third game. No changes can be made to the rosters once the third game has begun.

Make-Up & Transfers: There will be no make-up classes for any missed classes unless caused by Kits Sports Center. **Kits does not guarantee make-ups for weather related cancellations.** If class size permits, participants may transfer from one program to another.

KITS PREMIER FAMILY MEMBERSHIP!

YOUR MEMBERSHIP INCLUDES:

- 10% off all classes, camps and clinics (excludes leagues and parties)
 - Pre-registration privileges
 - Registration by phone
- Free admission to the 2 Family Fun Nights each year
 - T-shirt for each child

ALL THIS FOR A ONE-TIME ONLY COST OF \$95.00 PER FAMILY!

HOW DO I BECOME A MEMBER?

It's really very easy! There is a special registration form to be completed; including a waiver to sign for your children's participation in activities at Kits SportsCenter. Simply stop into Kits and ask for a form, or call us at 847-726-9650 and we can fax one to you!

Kits offers birthday party packages to fit your every need!

ALL PACKAGES INCLUDE:

- 1 hour on the field or in the gym playing the sport or activity of your choice with a trainer
- 45 minutes in party area with a host/hostess who will set up tables and help serve food, drink and cake
- Invitations to your party

PICK FROM ONE OF THREE PACKAGES FOR YOUR TIME IN THE PARTY AREA:

- Pizza and soft drinks
- Soft pretzel and frozen drink
- Soft drinks only

Prices are per child (minimum of 10 children) and range from \$13-\$17 per child. Look online at www.kitssportscenter.com or call 847-726-9650 for more pricing information.

PARENTS SUPPLY:

- Cake and Cake Supplies (plates, plastic ware, candles and matches)
- Goodie Bags (Kits has water bottles which can be purchased for \$2.50 apiece)

PLEASE NOTE: Outside food and beverages are not permitted at Kits.

Parties can be reserved over the phone, by calling Kits Sports Center at 847-726-9650. A \$50 non-refundable deposit is required to reserve a party time.

SPRING 2010 PRESCHOOL/KINDERGARTEN CLASSES

COME PLAY WITH ME!



This **parent and tot program** uses circle time, music, sports stations, age appropriate games, parachute and scooter play to introduce your child to basics such as: lining up, taking turns and improving listening skills. This semi-structured program is a great way to meet and interact with other children while improving gross motor skills!

Code: 1901 Wednesdays, April 7 - May 26 (8 weeks)
 Time: 9:00 – 9:45 AM
 Ages: 18 months—3 years old
 Fee: \$70.00

OOEY GOOEY CREATIVITY

Children will increase their fine motor skills through “funtastic” play! We’ll have fun with homemade playdough, paint, shaving cream creations and more! A variety of “hands on” materials will be used in class. Your child will have lots of messy, fun projects and you’ll have ZERO clean-up! **Due to the nature of this class, please be sure to dress your child appropriately in “messy” clothes.**



Code: 1911 Fridays, April 9 - May 28 (8 weeks)
 Time: 10:30 - 11:15 AM
 Ages: 3 & 4 years old
 Fee: \$80.00

NEW PROGRAMS THIS SESSION!

START SMART GOLF



Looking for a way to get your youngster started in golf? This class is the way to go! Teeing off, chipping and putting techniques are taught using colorful equipment. Your child will enjoy the challenging, but fun drills used in this instructional class! **Equipment is supplied!** These classes are taught by the staff at SportsKids Inc.

Code: 1991-A Mondays, April 12 - May 24 (7 weeks)
 Time: 10:45 - 11:30 AM
 Ages: 4 - 6 years old
 Fee: \$75.00

Code: 1991-B Mondays, April 12 - May 24 (7 weeks)
 Time: 1:45 - 2:30 PM
 Ages: 4 - 6 years old
 Fee: \$75.00

JR. GYMNASTICS



In this new class, instructors from SportsKids Inc. will teach the basics skills of gymnastics to your child using the balance beam, bar, tumbling and vault. Also included in the class will be learning proper warmups and exercises as well as using ribbons and hoops. This class will be a great way to get your child moving!

Code: 1971 Mondays, April 12 - May 24 (7 weeks)
 Time: 1:00 - 1:45 PM
 Ages: 4 - 6 years old
 Fee: \$75.00

PRESCHOOL P.E.

This redesigned class incorporates the past **Intro to Sports-Just for Threes** with some new twists! In addition to being introduced to the basics of several sports, age appropriate games will be played to encourage learning listening skills, following directions and waiting their turn.

Code: 1921-A Tuesdays, April 6 - May 25 (8 weeks)
 Time: 10:00 – 10:45 AM
 Ages: 3 year olds ONLY
 Fee: \$70.00

Code: 1921-B Tuesdays, April 6 - May 25 (8 weeks)
 Time: 12:30 - 1:15 PM
 Ages: 3 & 4 year olds
 Fee: \$70.00

Code: 1921-C Wednesdays, April 7 - May 26 (8 weeks)
 Time: 10:00 - 10:45 AM
 Ages: 3 & 4 year olds
 Fee: \$70.00

Code: 1921-D Wednesdays, April 7 - May 26 (8 weeks)
 Time: 1:00 – 1:45 PM
 Ages: 3 year olds ONLY
 Fee: \$70.00

Code: 1921-E Thursdays, April 8 - May 27 (8 weeks)
 Time: 10:00 - 10:45 AM
 Ages: 3 & 4 year olds
 Fee: \$70.00

Code: 1921-F Thursdays, April 8 - May 27 (8 weeks)
 Time: 1:00 - 1:45 PM
 Ages: 3 year olds ONLY
 Fee: \$70.00

Code: 1921-G Fridays, April 9 - May 28 (8 weeks)
 Time: 9:45 - 10:30 AM
 Ages: 3 & 4 year olds
 Fee: \$70.00

INTRO TO SPORTS

Children are introduced to basic skills for soccer, basketball, track, football, dodgeball, kickball, wiffleball and floor hockey. They will have a chance to practice those skills during game play.

Code: 1941-A Thursdays, April 8 - May 27 (8 weeks)
 Time: 10:00—10:50 AM
 Ages: 4—6 years old
 Fee: \$75.00

Code: 1941-B Thursdays, April 8 - May 27 (8 weeks)
 Time: 1:00 – 1:50 PM
 Ages: 4—6 years old
 Fee: \$75.00

Don't delay in signing up for the class of your choice-space is limited! Registration deadline is March 20th, but classes may fill up earlier!

SPRING 2010 PRESCHOOL/KINDERGARTEN CLASSES

SOCCER

Children will be taught how to dribble, pass and shoot using interactive fun drills. Rules of the game will also be addressed during class. The children will practice their skills during a fun class games. These classes are taught by Jose Fleita, a certified travel soccer trainer with the Ela Soccer Club who formerly played professional soccer in Argentina.

Code: 1931-A Tuesdays, April 6 - May 25 (8 weeks)

Time: 10:00 – 10:50 AM

Ages: 3 & 4 years old

Fee: \$75.00

Code: 1931-B Tuesdays, April 6 - May 25 (8 weeks)

Time: 1:00 - 1:50 PM

Ages: 5 & 6 years old

Fee: \$75.00

Code: 1931-C Wednesdays, April 7 - May 26 (8 weeks)

Time: 10:00 - 10:50 AM

Ages: 3 & 4 years old

Fee: \$75.00

Code: 1931-D Wednesdays, April 7 - May 26 (8 weeks)

Time: 1:00—1:50 PM

Ages: 3 & 4 years old

Fee: \$75.00

Code: 1931-E Thursdays, April 8 - May 27 (8 weeks)

Time: 9:00 – 9:50 AM

Ages: 4 & 5 years old

Fee: \$75.00

Code: 1931-F Thursdays, April 8 - May 27 (8 weeks)

Time: 10:00 - 10:50 AM

Ages: 4 & 5 years old

Fee: \$75.00

Code: 1931-G Thursdays, April 8 - May 27 (8 weeks)

Time: 1:00 - 1:50 PM

Ages: 4 & 5 years old

Fee: \$75.00

Code: 1931-H Fridays, April 9 - May 28 (8 weeks)

Time: 9:00 – 9:50 AM

Ages: 5 & 6 years old

Fee: \$75.00

Code: 1931-I Fridays, April 9 - May 28 (8 weeks)

Time: 10:00—10:50 AM

Ages: 5 & 6 years old

Fee: \$75.00

Code: 1931-J Fridays, April 9 - May 28 (8 weeks)

Time: 1:00 - 1:50 PM

Ages: 4 & 5 years old

Fee: \$75.00

FAMILY DISCOUNT!

Register for 3 or more programs within the same family, and take \$5 off for each registered program!

LET'S PLAY BALL



This class is targeted to older children who have previously participated in Intro to Sports and/or have been introduced to some basic sports skills. The children will play soccer, basketball, wiffleball, floor hockey, dodgeball, kickball, football and track. Let's Play Ball offers children the opportunity to experience playing a variety of games and sports.

Code: 1951-A Wednesdays, April 7 - May 26 (8 weeks)

Time: 1:00 – 1:50 PM

Ages: 5 & 6 years old

Fee: \$75.00

BASEBALL BASICS



Children will be taught the basics of playing baseball utilizing wiffleballs—running bases, throwing and catching, hitting with and without a tee and basic rules. Children will get to practice their skills and knowledge of the game in fun class scrimmages. **Please have child bring an appropriately sized glove to class.**

Code: 1961-A Tuesdays, April 6 - May 24 (8 weeks)

Time: 10:00 - 10:50 AM

Ages: 5 & 6 years old

Fee: \$75.00

Code: 1961-B Tuesdays, April 6 - May 24 (8 weeks)

Time: 1:00 - 1:50 PM

Ages: 5 & 6 years old

Fee: \$75.00

Code: 1961-C Fridays, April 9 - May 28 (8 weeks)

Time: 10:00 - 10:50 AM

Ages: 5 & 6 years old

Fee: \$75.00

Code: 1961-D Fridays, April 9 - May 28 (8 weeks)

Time: 1:00 - 1:50 PM

Ages: 5 & 6 years old

Fee: \$75.00

BATTERS EYE FOR ROOKIES

This class is designed for players who have **already participated in Baseball Basics**. This clinic gives players the opportunity to expand and improve upon the basic baseball skills they already possess. These classes will be run in small group trainings with a **maximum of 5 players** to a program, ensuring LOTS of individual instruction. Implemented in each clinic will be hand-eye coordination, foot-eye coordination, throwing and fielding mechanics, hitting mechanics and of course-FUNDAMENTALS. **Players should bring an appropriately sized glove to class.**

Code: 1901-A Mondays, April 12 - May 24 (7 weeks)

Time: 10:00 - 10:50 AM

Ages: 5 & 6 years old

Fee: \$105.00

Code: 1901-B Mondays, April 12 - May 24 (7 weeks)

Time: 1:00 - 1:50 PM

Ages: 5 & 6 years old

Fee: \$105.00

BEGINNING BASKETBALL

This class will focus on introducing the basics of basketball to children, including: dribbling, passing, defense, rules and shooting. Small games will be used to help the children develop their skills.

Code: 1981-A Mondays, April 12 - May 24 (7 weeks)
 Time: 1:00—1:50 PM
 Ages: 5 & 6 years old
 Fee: \$65.00

Code: 1981-B Tuesdays, April 6 - May 25 (8 weeks)
 Time: 1:00 - 1:50 PM
 Ages: 5 & 6 years old
 Fee: \$75.00



SOCCER SKILL DEVELOPMENT

This class provides children with the opportunity to develop their budding soccer skills. Children should have some exposure to soccer previously and should wear shin guards to class. Children will work on skills such as: dribbling, passing, shooting, goal tending, trapping and heading as well as learning rules using interactive fun drills, games and scrimmages.

Code: 1201-C Wednesdays, April 7 - May 26 (8 weeks)
 Time: 4:00 - 4:50 PM
 Ages: 5 & 6 years old
 Fee: \$75.00

BASKETBALL SKILL DEVELOPMENT

This program is designed for players to learn the necessary steps in becoming a highly skilled basketball player. The players will train extensively on fundamental and intermediate skills. Various drills will be used to see progress in the areas of shooting, dribbling, ball handling, teamwork, rebounding, passing and defensive skills.

Code: 0951-A Mondays, April 12 - May 24 (7 weeks)
 Time: 4:00—4:50 PM
 Ages: 1st & 2nd grades
 Fee: \$65.00

Code: 0951-B Mondays, April 12 - May 24 (7 weeks)
 Time: 5:00 - 5:50 PM
 Ages: 3rd & 4th grades
 Fee: \$65.00

ALL SPORTS CLASS

Kits most popular summer camp is now a session long class! Sports included in class will be: soccer, flag football, hockey, basketball, wiffleball, dodgeball and kickball. Players will learn rules of the sports, skills associated with the sports and have the chance to play in class scrimmages.

Code: 0701-A Tuesdays, April 6 - May 25 (8 weeks)
 Time: 4:00—4:50 PM
 Ages: 1st and 2nd grades
 Fee: \$75.00

Code: 0701-B Tuesdays, April 6 - May 25 (8 weeks)
 Time: 5:00 - 5:50 PM
 Ages: 3rd and 4th grades
 Fee: \$75.00

NEW PROGRAMS THIS SESSION!



ARCHERY

These classes, taught by the staff of SportsKids Inc., will teach your child the basics of archery using a recurve bow in a safe environment.

Targets and blunt-tipped arrows are used for instructing this class and all **bows, arrows and targets are provided**. A nationally recognized nine-step progression is taught to the students in this class. Archery games designed to let the students use their skills will also be a part of this class!

Code: 0771-A Mondays, April 12 - May 24 (7 weeks)
 Time: 4:00 - 4:45 PM
 Ages: 7 - 9 years old
 Fee: \$75.00

Code: 0771-B Mondays, April 12 - May 24 (7 weeks)
 Time: 5:00 - 5:45 PM
 Ages: 10 - 13 years old
 Fee: \$75.00

TUMBLING FOR CHEERLEADING

This class will focus on tumbling skills used specifically for cheerleading: round offs, flip-flops, standing back tucks and running tumbling. Students must have basic tumbling skills; bridges, cartwheels and handstands, before enrolling for the class. Coaches will work with students in groups and individually based on their skill level from beginner to advanced.

Code: 0781-A Mondays, April 12 - May 24 (7 weeks)
 Time: 6:00 - 6:45 PM
 Ages: 7 - 11 years old
 Fee: \$65.00

Code: 0781-B Mondays, April 12 - May 24 (7 weeks)
 Time: 6:45 - 7:30 PM
 Ages: 12 - 18 years old
 Fee: \$65.00

COMING SOON...

Kits Sports Center Summer Camp Brochure!

Don't miss the FUN!

SPRING 2010 YOUTH AND YOUNG ADULT CLASSES

YOUTH AND YOUNG ADULT CO-ED DODGEBALL

Be part of the hottest sports craze and sign up for Kits DODGEBALL! Sign up is taken individually and players will be rotated to form different teams every week. Different variations of the classic dodgeball game will also be played. A **maximum of 16 players** will be accepted into each age division-so don't delay in signing up. There will be an instructor/referee present at every class. **Please note: There will be no class on Mother's Day, 5/9.**

Code: 0751-A 1st and 2nd grades

Days: Sundays, April 11 - May 23 (7 weeks)

Time: 12:00 - 12:50 PM

Fee: \$65.00

Code: 0751-C 5th and 6th grades

Days: Sundays, April 11 - May 23 (7 weeks)

Time: 2:00 - 2:50 PM

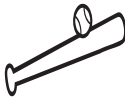
Fee: \$65.00

Code: 0751-B 3rd and 4th grades

Days: Sundays, April 11 - May 23 (7 weeks)

Time: 1:00 - 1:50 PM

Fee: \$65.00



BASEBALL SKILL DEVELOPMENT

This class, taught by Jimmy Karr, provides baseball players an opportunity to learn and improve on the basic skills needed to play baseball. Players will focus on skills such as throwing, hitting and fielding techniques. **Players should bring a baseball glove to class.** Class scrimmages and fun drills will be used to put their new knowledge and skills to use.

Code: 0721-A Mondays, April 12 - May 24 (7 weeks)

Time: 5:00 - 5:55 PM

Ages: 9 - 12 years old

Fee: \$105.00

Code: 0721-B Thursdays, April 8 - May 27 (8 weeks)

Time: 5:00 - 5:55 PM

Ages: 7 & 8 years old

Fee: \$120.00

Code: 0721-C Fridays, April 9 - May 28 (8 weeks)

Time: 4:00 - 4:55 PM

Ages: 7 & 8 years old

Fee: \$120.00



SOCCER SKILL DEVELOPMENT

This class provides children with the opportunity to develop their budding soccer skills. Children should have some exposure to soccer previously and should wear shin guards to class. Children will work on skills such as: dribbling, passing, shooting, goal tending, trapping and heading as well as learning rules using interactive fun drills, games and scrimmages.

Code: 1201-A Wednesdays, April 7 - May 26 (8 weeks)

Time: 5:00 - 5:50 PM

Ages: 7 - 9 years old

Fee: \$75.00

Code: 1201-B Wednesdays, April 7 - May 26 (8 weeks)

Time: 6:00 - 6:50 PM

Ages: 9 - 12 years old

Fee: \$75.00

THUNDER VOLLEY KIDS

The Rolling Thunder Volleyball Club of Lake Zurich will be conducting youth volleyball classes this spring! Class will be held on Sunday evenings from 7:00 - 9:00 PM at Kits Sports Center. One hour of class will be general skills clinic and the second hour will be games. The class is open to boys and girls grades 5th - 8th. The program will be run by certified Rolling Thunder coaches and current varsity and Rolling Thunder high school players. **Sign up is done solely through Rolling Thunder Volleyball Club.** For more session information or to sign up, please contact Rolling Thunder at 847-540-0487 or check their website: www.rollingthundervbc.com.

UPCOMING SESSION

Session IV: March 14 - May 9 (8 weeks)



FAMILY FUN NIGHT!

This is a great opportunity to spend some quality **FUN** time with your whole family without breaking your bank! There will be activities set up throughout the facility for kids of all ages: basketball, volleyball, tot area, baseball, soccer, dodgeball and more! Concessions will be available with pizza, popcorn, hot dogs, slushies, soft pretzels and more...

Code: 0791 Saturday, May 15th

Time: 6:00 - 8:00 PM

Cost: Parents: \$2, Children (2 and over): \$5

NOTE: Children under 14 must be accompanied by an adult.

FAMILY DISCOUNT

Register for 3 or more programs within the same family, and take \$5 off for each registered program!

SPRING 2010 BATTER'S EYE PROGRAMS/SPRING BREAK CAMPS

BATTER'S EYE ALL-SKILLS CLINIC

Instructed by Jimmy Karr, players will meet each week to work on advanced fundamentals in areas such as hitting, fielding, throwing, balance and coordination, speed/agility, base running and game situation. **There is a 6 player maximum per class.**

Code: 0201-A Tuesdays, April 6 - April 27 (4 weeks)

0201-B Tuesdays, May 4 - May 25 (4 weeks)

Time: 5:00 - 5:55 PM

Ages: 7 & 8 years old

Fee: \$100.00

Code: 0201-C Wednesdays, April 7 - April 28 (4 weeks)

0201-D Wednesdays, May 5 - May 26 (4 weeks)

Time: 4:00 - 4:55 PM

Ages: 7 & 8 years old

Fee: \$100.00

Code: 0201-E Thursdays, April 8 - April 29 (4 weeks)

0201-F Thursdays, May 6 - May 27 (4 weeks)

Time: 4:00 - 4:55 PM

Ages: 7 - 8 years old

Fee: \$100.00

Code: 0201-G Fridays, April 9 - April 30 (4 weeks)

0201-H Fridays, May 7 - May 28 (4 weeks)

Time: 5:00 - 5:55 PM

Ages: 9 - 12 years old

Fee: \$100.00

BATTER'S EYE PITCHING CLINIC

Instructed by Tony Feo, players will meet once per week to introduce and maintain proper steps needed to have a healthy and live arm. Correct ways to prepare for any game situation will be covered. Instruction will cover areas such as: proper delivery checkpoints, mechanics, balance, fundamentals and philosophy. There will be a **great** emphasis on proper arm conditioning. **There is a 4 player maximum per class.**

Code: 0211-A Tuesdays, April 6 - April 27 (4 weeks)

0211-B Tuesdays, May 4 - May 25 (4 weeks)

Time: 5:00 - 5:55 PM

Ages: 8 - 10 years old

Fee: \$100.00

Code: 0211-C Wednesdays, April 7 - April 28 (4 weeks)

0211-D Wednesdays, May 5 - May 26 (4 weeks)

Time: 4:00 - 4:55 PM

Ages: 9 - 12 years old

Fee: \$100.00

Code: 0211-E Fridays, April 9 - April 30 (4 weeks)

0211-F Fridays, May 7 - May 28 (4 weeks)

Time: 5:00 - 5:55 PM

Ages: 8 - 10 years old

Fee: \$100.00

Be sure to check out information on saving money with a PREMIER FAMILY MEMBERSHIP!
Information is on page 4!

BATTER'S EYE WEB GEM FIELDING CLINIC

Instructed by Jimmy Karr, players will meet each week for defensive skill and drill sessions designed to improve overall foot speed, balance and hand speed. Game situations will also be covered. **There is a 6 player maximum per class.**

Code: 0221-A Wednesdays, April 7 - April 28 (4 weeks)

0221-B Wednesdays, May 5 - May 26 (4 weeks)

Time: 5:00 - 5:55 PM

Ages: 9 - 12 years old

Fee: \$60.00

SPRING BREAK ALL SPORTS CAMP

Need something to keep the kids busy over school break?

Kits' most popular summer camp is offered for Spring Break too! During camp, kids will participate in a variety of sports and games. Basic rules and skills of the sports will be reviewed, then kids will get to PLAY!

Code: 0815-A Tuesday, 3/30 - Friday, 4/2

Time: 9:00 - 12:00 AM

Ages: 7 - 11 years old

Fee: \$110.00

Code: 0815-B Tuesday, 3/30 - Friday, 4/2

Time: 1:00 - 3:00 PM

Ages: 5 & 6 years old

Fee: \$75.00

SPRING BREAK SOCCER CAMP

Looking for something fun to do over Break? Come to an indoor soccer camp at Kits! Children will work on foot skills; dribbling, passing, shooting, trapping as well as goal tending and rules using interactive fun drills, games and scrimmages. Players should wear shin guards to camp.

Code: 1695-A Monday, 3/29 - Thursday, 4/1

Time: 10:00 AM—12:00 PM

Ages: 6—10 years old

Fee: \$75.00

Code: 1695-B Monday, 3/29 - Thursday, 4/1

Time: 12:30—2:30 PM

Ages: 9 - 13 year olds

Fee: \$75.00



SPRING BREAK BASEBALL CAMP



This camp will provide players an opportunity to work on their baseball skills while getting out of the house. Hitting, throwing, fielding skills and more, as well as scrimmages will be incorporated into the camp. Space for this camp is limited so don't delay in signing up!

Code: 0755-A Tuesday, 3/30 - Thursday, 4/1

Time: 12:00 - 2:00 PM

Ages: 5 & 6 years old

Fee: \$60.00

Code: 0755-B Tuesday, 3/30 - Thursday, 4/1

Time: 2:30 - 4:30 PM

Ages: 7 - 11 years old

Fee: \$60.00



S O C C E R



A \$250 non-refundable team deposit must be received before March 20th to ensure a space in the Spring 2010 Soccer Leagues! Final Payment and Rosters are due before schedules will be distributed and must be turned in at the first game. ANY TEAM WITH AN OUTSTANDING BALANCE WILL NOT BE ALLOWED TO TAKE THE FIELD FOR THEIR 2ND GAME!

WOMEN'S FULL FIELD SOCCER LEAGUE

Each game has two 20 minute halves with 6 players plus a goalkeeper on the field. The maximum roster per team is 18.

Code: 1581-A Women's Over 25 Competitive
1581-B Women's Over 30 Recreational

Days: Wednesdays, April 7- June 2 (9 weeks)

Time: 7:00, 7:45, 8:30, 9:15 PM

Fee: \$1125/team

CO-ED RECREATIONAL & COMPETITIVE LEAGUES

Each game will have two 20 minute halves with 6 players plus a goalie on the field. Teams must always have a minimum of 3 women on the field.

Code: 1531-A Co-Ed Recreational

Code: 1531-B Co-Ed Competitive

Days: Sundays, April 11 - June 6 (7 weeks)

Time: 5:15, 6:00, 6:45, 7:30, 8:15 PM

Age: Adults, 18 years and older

Fee: \$875/team

NOTE: There are NO Co-Ed games on Mother's Day, 5/9, or Memorial Day Weekend, 5/30.

PICK-UP SOCCER

Looking for the opportunity to get some more playing time in? These "open soccer" times will allow the chance to participate in a "pick up" game of soccer. To ensure that there are sufficient players for a game, players must pre-register for the entire session-a minimum of 12 registered players are required for the program to run.

There is no referee present for these games.

Code: 1501 Men's Pick-Up

Days: Fridays, April 9 - May 28 (8 weeks)

Age: 18 and over

Time: 6:30 - 7:45 PM

Fee: \$75.00

Code: 1501-B Women's Pick-Up

Days: Mondays, April 12 - May 24 (7 weeks)

Age: 18 and over

Time: 6:30 - 7:45 PM

Fee: \$65.00

YOGILATES

This class integrates the techniques of Pilates and Hatha yoga for a complete and enjoyable mind-body workout. Develop long, lean muscles while connecting the body with the breath through slow, flowing movements. Learn to improve your focus, balance, strength and flexibility. This class will be led by Kate Mitchum, who is an ACE certified personal trainer.

Please Note: Participants need to bring a mat to class.

Code: 1011 Tuesdays, April 6 - May 25 (8 weeks)

Time: 10:30 - 11:20 AM

Ages: 18 and over

Fee: \$100.00

SOCCER MOMS

This program, run by **Tom Chmela**, is for beginner and intermediate soccer players looking to expand their soccer skills. Class will consist of time spent developing skills and a scrimmage to practice your skills in a game situation. Keep up with your soccer playing kids-sign up today!

Code: 1241 Mondays, April 12 - May 24 (7 weeks)

Time: 8:00 - 9:00 PM

Ages: 18 and over

Fee: \$70.00

ADULT SOCCER CLINIC

This is an instructional clinic designed to develop, enhance and improve your soccer skills. The clinic uses fun drills to better your ball control, dribbling, passing and shooting. For adults ages 18 and over only.

Code: 1291 Mondays, April 12 - May 24 (7 weeks)

Time: 9:30 - 10:30 AM

Fee: \$70.00

BOOT CAMP BODY BURN

This multi-level class is for anyone who wants to develop muscular strength and endurance. We'll tackle basic resistance training exercises using traditional, strategic principals. This simple, easy-to-follow workout challenges every major muscle using a variety of equipment. This class will be led by Kate Mitchum who is an ACE certified personal trainer.

Code: 1051 Thursdays, April 8 - May 27 (8 weeks)

Time: 10:30 - 11:20 AM

Ages: 18 and over

Fee: \$100.00